

## **LINDA SISCO FROM HOLT, MICHIGAN CROWNED MS. SENIOR MICHIGAN 2015**



Linda is a retired housing administrator for the Village of Spring Meadows, two senior citizen apartment communities in Jackson Michigan. In 2014, she received the prestigious Presbyterian Villages of Michigan “Leadership” award. She also received the Leading Age of Michigan “Leadership in Action” award for 2015.

As for volunteering, Linda has presented three national and one international workshops on “positive aging”.

She has two trained therapy dogs and works with them at several locations with adults having cognitive disabilities at

senior living centers.

In addition to this, Linda is the founder of the “success scholarship” for at-risk high school teens. She also volunteers as a certified tai chi instructor, specifically for persons with mobility restrictions.

Linda is the past distinguished past president and past secretary for the Kiwanis Club of Holt; as well as the past District Lt. Governor for Michigan Kiwanis.

Her interests include Dog training through Therapy Dogs International as well as, reading walking, singing and supporting her “Spartans”, Go Green, Go White.

She has been in property management for over 35 years; she is a cancer survivor, a mother of two daughters, 7 grandchildren and is the wife to her best friend William.

As Ms. Senior Michigan, Linda will spread the word that older people are leading meaningful lives during an exciting and transformative stage of life.